





WELCOME TO TOUCH TO HEAL SPA

Our desire is to create an ambiance of serenity for our guests to experience the gift of tranquility and restoration through the healing power of touch.

Touch to Heal Spa is here to create a space for you to remember the importance of making time for yourself, disconnecting from the world, and finding your moment of bliss.



SPA PACKAGES

Renew your relaxation with one of our comprehensive spa packages that will revive your body and rejuvenate your mind.

REVIVE

60-min Swedish massage
aromatherapy, CBD oil or hot stones enhancement
30-min deep detox infrared sauna or dry brush
55-min custom organic facial
\$25 retail credit for any products in our retail lounge
allow 3 hours

REJUVENATE

60-min Swedish massage
aromatherapy, CBD oil or hot stones enhancement
30-min deep detox infrared sauna or dry brush
55-min custom organic facial
hand or foot treatment
peel exfoliation, lip or eye treatment
light lunch/snack in our private relaxation room
\$50 retail credit for any products in our retail lounge
allow 4 hours

GENTLEMEN'S REINVIGORATE

60-min hot stones deep tissue massage
55-min gentlemen's organic facial
30-min deep detox infrared sauna or dry brush
\$25 retail gift of your choice
allow 3 hours

MOMMY-TO-BE

60-min Prenatal massage
Chocolate & Berry Organic Facial + lip treatment
\$25 retail gift of your choice
allow 2.5 hours

18% gratuity will be added to all spa packages. Please note spa packages are discounted. They cannot be combined with any other discounts or promotions. We will charge the full value for SpaFinder gift cards



COUPLES EXPERIENCES

Celebrate yourself and those you cherish by reconnecting and relaxing on a shared spa journey that will deepen your connection and leave the both of you feeling renewed.

COUPLES MASSAGE

Enjoy an atmosphere of love and peace with a customized Swedish massage that will deepen your connection as you find relaxation with each other and with yourself.
60 min., 90 min.

ENHANCE

Deep tissue or Prenatal
Aromatherapy, CBD oil, or hot stones
Detox dry brush 30 min.

COUPLES INFRARED SAUNA

Enjoy the company of your loved ones as you detox in our infrared sauna which will leave you feeling balanced and restored.
30 min., 45 min., 60 min.

COUPLES SPA PACKAGES

RECONNECT

90-minute couple's massage
aromatherapy, CBD oil or hot stones for two
30-min couples Infrared sauna
\$25 retail gift of your choice
allow 2.5 hours

RENEW

60-minute couple's massage
aromatherapy, CBD oil or hot stones for two
15-minute foot wrap for two
30-min deep detox Infrared Sauna for two
custom organic facial for two
30-min relaxation with light lunch and beverages
\$50 retail gift of your choice
allow 4 hours

18% gratuity will be added to all spa packages. Please note spa packages are discounted and cannot be combined with any other discounts. We will charge the full value for SpaFinder gift cards



SPA TREATMENTS

Spa Treatments are designed to relax, cleanse, beautify and rejuvenate using the curative properties of nature to encourage the body and skin to restore its own vitality and beauty.

AYURVEDA DOSHA BALANCING MASSAGE

The dosha balancing massage is a classic Ayurvedic treatment using warm Herbal-Infused Ayurvedic oils that aid in detoxifying, lymph circulation and soothing the central nervous system. The specific massage oil used in the treatment is carefully selected based on the guest's constitutional needs (vata, pitta and kapha) and prepared in traditional Ayurvedic methods. This treatment also includes an Ayurvedic analysis and dry brush massage, which stimulates the circulatory system and enhances the absorption of the warming oil. 90 min.

BLUEBERRY MANGO MASSAGE & BACK SCRUB

Begins with antioxidant healing power of Eminence Organic blueberry sugar scrub to exfoliate dry and rough skin and the active enzymes and vitamins of Eminence Organic mango enzyme body wrap to infuse your skin with hydration and to bring a rosy glow back to dull, fatigued back. In addition the full body is massaged with Eminence blueberry massage soufflé as you drift into profound relaxation and inner bliss. 75 min.

FULL BODY DETOX & DE-STRESS

From soothing detoxification to exquisite relaxation, this head-to-toe treatment will start with a lymph flow-stimulating dry brushing, then Swedish massage with CBD oil, scalp massage and ends with our foot wrap in hot towels and lavender foot balm massage. 90 min.

MASSAGE & FACIAL DUO

Enjoy yourself with the ultimate gift of a Swedish back massage that will relieve the tension in your upper-back, followed by a Custom Organic Facial that will address your skin's specific needs and gets your skin glowing again! The facial includes scalp, neck, shoulders and arms massage. In combination, the treatment soothes and restores the entire upper body! 85 min.

MASSAGE TREATMENTS

True to our name, we believe massage treatments are an amazing way to find restoration: the healing touch of our trained massage therapists will invite some much needed nirvana into your life. All treatments begin with a consultation to better serve your individual mental and physical needs.

CBD MASSAGE

The CBD Massage applies CBD (cannabinoid) hemp oil to your body opening your skin to receive pain relief, soothe the nervous system, and aid sleep. For \$25 extra you can relax, and feel the power of nature's remedy while unwinding with a massage.

DEEP TISSUE MASSAGE

Designed to target and alleviate chronic tension, this deeply therapeutic massage will use deeper pressure massage strokes as well as friction, stretching and many other techniques to leave you feeling loose and free. 60 min., 90 min.

SPORTS MASSAGE

This invigorating massage designed for active sports enthusiasts incorporates stretching and joint mobilization to enhance range of motion and avoid future injuries. 60 min., 90 min.

SWEDISH MASSAGE

This classic treatment utilizes a blending of light and medium strokes to bring you into a blissful state of relaxation: reducing tension, alleviating muscle soreness, improving circulation and increasing energy. 60 min., 90 min.

PRENATAL MASSAGE

This customized treatment, recommended for the second and third trimester, focuses on relieving pain and stress, stimulating circulation and hormone regulation, as well as helps with sleep to honor this period of life for the soon-to-be mother and child. Accompanying this treatment are our special inclining massage tables as well as pillows and comfort-support accoutrement for relaxed contentment. Recommended for soon-to-be-mothers as well as new postnatal mothers. 60 min., 90 min.

ENHANCE

No Additional Time Enhancements:

AROMATHERAPY

Allow the fragrances of the earth to deepen your relaxation by infusing your treatment with a selection of our essential oils to receive the balance, uplift, and calming experience you need.

CBD OIL

This high-quality non-psychoactive hemp oil is known to have significant medical benefits for joints and sleeping and does not induce the body high. Adding this enhancement can heal tension, pain and chronic ailments while hydrating your skin!

HOT STONES

The basalt river rocks loosen the muscles with heat that penetrates deep into the muscle tissue, leaving you feeling the blissful benefits of nature's gifts.

Additional Time Enhancements:

DETOX DRY BRUSH

This pre-treatment enhancement will ready your skin by gently scrubbing away the dead skin and stimulating blood circulation to speed the relaxation and detoxifying effects of the treatment. 30 min.

DETOX INFRARED SAUNA

Infrared light technology allows the body to detox deeper with lower heat. The sweat from an infrared sauna session is proven to be comprised of 20% toxins as opposed to the 3% toxins from a regular sauna session. This treatment will elevate your relaxation experience with a full-body detox that will leave you feeling rejuvenated. 30 min., 45 min., 60 min.

FOOT WRAP

Ahh your feet! Relax as we wrap your feet in hot towels and gently stretch and compress your feet. You will then receive lavender foot balm applied with a full deep foot massage. 15 min.



FACIAL TREATMENTS

Treat yourself to one of our many personalized facials to rejuvenate and restore your skin. All facials begin with a consultation and skin analysis with one of our estheticians to create a facial experience that will cater specifically to your unique face. Using organic products selected for the results as well as the popular Hungarian facial massage technique, your skin will be brighter, tighter, and glowing.

CUSTOM ORGANIC FACIAL - 55 MIN.

We use Eminence Organics products to address exactly what your skin needs to target specific concerns like acne and hyperpigmentation and create a brightening, hydrating facial. The Custom Organic Facial includes a double cleanse, deep steam, exfoliation, some general extraction around the nose and chin, our speciality facial massage, custom mask, moisturizer and relaxing head, neck, shoulder massage will leave you feeling iridescent.

CUSTOM ORGANIC FACIAL - 75 MIN.

Extend your Custom Organic Facial experience for a more personalized and longer treatment, which depending on the skin needs might include one or more of our unique skin treatments such as peel exfoliation, full face pore extraction, double masks, additional serums or longer massage to accentuate the natural bounce and shine in your skin.

ILLUMINATING RADIANCE PEPTIDE FACIAL

Lift and brighten your skin with our most restorative facial that showcases a selection of luxurious and potent anti aging products. Harnessing the natural cleansing powers of hibiscus and the brightening powers of fruit extracts, this facial, alongside our popular Hungarian facial massage will firm, cleanse and lift your skin which will give you and your face a sense of glowing radiance. 60 min.,

ACNE FACIAL

The acne facial provides a deeper level of cleansing for the skin, extraction and a higher grade peel that works to unclog pores and rejuvenate the look of the skin with encapsulated salicylic acid 15% peel. The facial includes a relaxing massage of the hands, neck and shoulders. Best results are seen with a series of treatments every 2 weeks for a minimum of 4-6 treatments.

BACK FACIAL

Give your back with the same care as your face with this treatment that will exfoliate and purify those hard-to-reach areas for a smoother, even tone skin, involving detox dry brushing, a deep-pore cleansing, pore extraction, exfoliation, hydration and mask designed specifically for the thicker skin of the back so you can radiate from all sides. 45 min.

EXPRESS FACIAL

For the person on-the-go, our Express Facial will have you in and out in under an hour with a hydrating and nourishing facial with an added exfoliating peel that will send you off on your day looking and feeling even brighter than before. 40 min.

GENTLEMEN'S ORGANIC FACIAL

Designed for men, this facial will treat your skin specifically addressing sensitivity, razor burn, ingrown hairs, environmental stressors, dryness and aging, alongside a relaxing head, neck, and shoulder massage to give you a healthy and glowing gentlemanly face. 55 min.

TEEN FACIAL

Puberty can often wreak havoc on a teen's face, and this facial treatment is designed to specifically alleviate and help correct acne, oily skin, and clogged pores. Your esthetician will also create with you a custom at-home skin-care regimen to maintain great-looking skin and because it's never too early to give a little love to your skin. 45 min.

MASSAGE & FACIAL DUO

Enjoy yourself with the ultimate gift of a Swedish back massage that will relieve the tension in your upper-back, followed by a Custom Organic Facial that will address your skin's specific needs and gets your skin glowing again! The facial includes scalp, neck, shoulders and arms massage. In combination, the treatment soothes and restores the entire upper body! 85 min.

SEASONAL FACIAL

The seasons change and our skin often changes with them, check in with your skin and give it the revitalization it may need with our all-natural, fruity and scent-sational seasonal facials that includes a custom peel!

Chocolate & Berry Antioxidant Facial

Revitalize your dry winter skin with this powerful antioxidant facial which includes strawberry rhubarb exfoliant, mix of two hydration masques: organic chocolate mousse and strawberry rhubarb and a custom peel. This facial is rich in antioxidant and hyaluronic acid excellent for reducing wrinkles, hydrating and plumping the skin. 60 min.

Tropical Facial

Escape to the tropics with this repairing facial treatment that provides exceptional exfoliation and hydration. The summer months can cause sunburn, premature aging, while also depriving us of the glow and the softness. Our Tropical Facial includes a gentle yet effective tropical peel that's formulated with mangosteen super fruits and lactic acid complex for a complete surface and pore-refining treatment as well as cell renewal for a more luminous and youthful looking complexion. 60 min.

Yam & Pumpkin Enzyme Peel Facial

Pumpkin Enzyme Peel is an exfoliation accelerator that provides a very effective facial, as it naturally will reverse summer sun damage and protect the skin during the transformation into the upcoming colder and drier months. This scent-sational purée of yam and pumpkin stimulates collagen production and leaves skin looking firm and radiant. 60 min.

Best results are seen with a series of treatments every 2 weeks for a minimum of 4-6 treatments.

ENHANCE

No Additional Time Enhancements:

FINE LINE EYE TREATMENT

Combat your crow's feet, puffiness, uneven tone, and dark circles with this hydration-focused eye enhancement.

LIP TREATMENT

Moisturize your lips with this three-step enhancement that will hydrate, plump, and balm your lips with all natural products.

INTRACEUTICALS ANTI-AGING LIP MASK

Moisturize your lips with this age-defying Intraceuticals Hyaluronic lip mask.

PEEL EXFOLIATION

Our most highly requested enhancement! Peels allow for a deeper absorption of facial products and better results with your at-home regimen. Your esthetician will help you determine which peel exfoliant is suited to your skin.

ENHANCE

Additional Time Enhancements:

ATOXELENE® LINE SMOOTHING ADD-ON

For even more remarkable results, combine with the Atoxylene® Treatment to target expression lines and increase skin firmness. The natural amino peptides in the Atoxylene® serum are designed specifically to target expression lines and increase skin firmness, instantly looking smoother and tighter without invasive injections. 15 min.

BACK FACIAL ADD-ON

Give your back a little love with this enhancement that will cleanse, exfoliate, and rehydrate your shoulders and back. 30 min.

DETOX DRY BRUSHING

This pre-treatment enhancement will ready your skin by gently scrubbing away the dead skin and stimulating blood circulation to speed the relaxation and detoxifying effects of the treatment. 30 min.

FACIAL WAXING

Clear away any unwanted facial hair from your chin, upper lip, eyebrow or full face depending on your facial needs.

FULL FACE PORE EXTRACTION

Blackhead extraction of the entire face to remove clogged pores for a clean and fresh face.. 5 min.

HAND REVITALIZER

This enhancement focuses on exfoliating and hydrating your hands and arms to give them the softness and suppleness you've been looking for. 15 min.

LAVENDER FOOT TREATMENT

The ultimate foot pampering for those tired feet. It includes a refreshing lavender salt scrub, a warm Stone Crop wrap and a luxurious lavender foot balm with an accompanying scalp massage. 15 min.



ADVANCED FACIAL TREATMENTS

INTRACEUTICALS OXYGEN FACIAL

Treat yourself to the ultimate in intense hydration that celebrities swear by with this natural alternative to a surgical procedure: oxygen and Intraceuticals® 7 specially formulated serums deliver unparalleled hydration and age defying results instantly that will leave your face feeling bright and tight and young again.

This ultimate hydration treatment is ideal for a special event, jet lag recovery or whenever you need a vibrant glow to create perfectly camera-ready skin without pain. 60 min.

SERIES OF OXYGEN TREATMENTS:

The results of Oxygen Facial are accumulative and continue to improve with repeated application. A course of six applications is recommended to achieve optimum results. 6 treatments

PEPTIDE LIFT ADVANCED OXYGEN FACIAL

The smoothing powers of collagen Peptides and Atoxylene Infusions® work together to target and significantly reduce the appearance of expression lines around the eyes, lips and forehead while enhancing overall volume and vitality with your esthetician's choice of a Vitamin A, C+3, Collagen or Antioxidant Booster that will clear and rehydrate your skin so you feel radiant. 90 min.

ENHANCE

ATOXELENE® LINE SMOOTHING ADD-ON

For even more remarkable results, combine with the Atoxylene® treatment to target expression lines and increase skin firmness. The natural amino peptides in the Atoxylene® Serum are designed specifically to target expression lines and increase skin firmness, instantly looking smoother and tighter without invasive injections. 15 min.

INTRACEUTICALS ANTI-AGING LIP MASK

Moisturize your lips with this age-defying Intraceuticals Hyaluronic lip mask.



GIFT CARDS

Surprise your loved ones, friends and colleagues with the gift of self-care. Give them a relaxing massage or facial to alleviate their stress or a spa package for the ultimate journey to bliss.

To give the perfect gift of relaxation, Touch to Heal Spa offers two kinds of gift cards: classic gift cards and instant gift cards.

For the classic gift card, you can select the gift card of your choice and either pick it up from the spa or have it mailed to your loved one in an elegant gold box. For the instant gift cards, you can select the card from an array of templates on our website and have it emailed to your loved one either immediately or at an appointed day/time.

Gifts cards are not refundable or redeemable for cash.

SPA PARTIES

Celebrate your life events at Touch to Heal Spa for a memorable day full of relaxation, laughter and bliss. We can help you with catering and decor to make the facility fit your special day.

CORPORATE EVENTS

Treat your team to a day dedicated to mindfulness and rejuvenation--whether it be a group spa day or meditation and yoga classes--we can help you plan events for 40 or 50 people, respective to the nature of the event, with assistance finding catering for a unique and unforgettable party.

SPA POLICIES & ETIQUETTE

ETIQUETTE

Our environment is one of tranquility and relaxation. In consideration of other guests, we ask that you speak in a quiet voice and turn off your phones. The spa is a non-smoking area.

ARRIVAL

Treatments are carefully planned to accommodate each guest. Please arrive 10-15 minutes prior to your scheduled appointment time to allow for a leisurely check-in and consultation. We will do our best to accommodate late arrivals. However, a late arrival may require a reduced appointment time, at scheduled price, with respect to the guests that are scheduled for you.

CANCELLATION

Must be received at least 24 hours (4 days for groups and parties) prior to the appointment to avoid a 50% service charge. We have reserved your appointment especially for you and we would appreciate your understanding of our therapists time.

HEALTH CONCERNS

Guests with medical conditions are advised to consult their doctors prior to booking any spa services. Kindly inform your spa technician of any existing medical conditions by completing an intake form prior to receiving your treatments. Touch to Heal Spa reserves the right to discontinue a service for any reason to ensure the safety of all parties.

PERSONAL BELONGINGS

We regret that we cannot be responsible for any loss or damage to personal items and valuables during your visit. Please refrain from wearing jewelry or valuable to the spa.

MINIMUM AGE REQUIREMENTS

Guests ages 13 – 17 can enjoy facials, waxing (not bikini area) and massages with a signed Minor Consent Form from a parent or guardian. Guest ages 13 – 15 must have a parent or guardian in the treatment room during the entire service. Guests ages 16 – 17 must have a parent or guardian on premises during the entire service, and must have therapists of the same gender.

GROUPS AND EVENTS

For groups, parties or corporate events, please contact the spa manager directly to craft your unique experience.

STAY IN TOUCH

www.touchtohealspa.com

- * Book your appointments online.
- * Sign up for our newsletters and receive information about great deals, new services, and upcoming events.
- * Create your home spa with our online boutique.

Follow us on Instagram: @ touchtoheal_spa

Email: info@touchtohealspa.com

Tel: (408) 379-1577

Address: 2105 S. Winchester Blvd, Suite 110,
Campbell, CA 95008

SPA  Touch To Heal

Touch to Heal Spa has been a place of restoration and celebration, and today we are proud to say that we are here because we believe in the work we do and what we offer our community:

A place of relaxation,

A place of celebration and

A place of healing

SPA  Touch To Heal

www.touchtohealspa.com